

# Hair Instructions

1) Bangs off the face: ALL STUDENTS MUST HAVE BANGS OFF THE FACE, regardless of the hairstyle. This is very important onstage and will require that you use the damp hair/wet gel for short or long hair to get the bangs back. Bobby pins may be necessary; however, if the hair is wet and gel applied, it will help to keep it sufficiently off the forehead. The balance of hair that is down does not need the same amount of gel applied and may hang loosely.

2) Hair in a Bun: On very damp hair, thoroughly apply a thick gel to slick the hair and make it workable. After applying gel and with hair still damp, brush back, up, and secure with hair elastic into a ponytail at the back crown of the head. Sometimes the instructor will ask for a low bun down and at the nape of the neck, however, commonly one wants to see the bun top when looking directly at the dancer. Then, depending upon the length of the hair, twist in a circle around the elastic and secure all loose ends with bobby pins until there are no loose or unsecured areas of the bun. You may need more bobby pins for areas above ears or at the nape of the neck. Apply the headpiece or hat as instructed by the teacher. Hairnets help with very long hair, but for the most part the manual method above is simple and reliable. Hairspray may be necessary even if enough gel has been applied.

3) Hair ½ up ½ down: Start with damp and gelled hair on the top part of the hair that is pulled up into the ponytail. Pull half up in the pony and leave half down hanging loose. Most of the time, the hair is just pulled in the ponytail and hangs with a ribbon or headpiece secured as instructed at the crown of the head. Let all loose hair hang without gel applied so it will look natural. You may use light hairspray if necessary.

4) Parted Pony/Low Ponytail: On very damp hair, thoroughly apply a thick gel to slick the hair and make it workable. For the Parted Pony after applying gel and with hair still damp, make a side part from the forehead to the crown over the dancer's right eye. Brush back and secure with hair elastic into a low ponytail down at the nape of the neck. For a low pony don't part the hair pull all hair straight back to the nape of neck.

5) Braids: On very damp hair, thoroughly apply a thick gel to slick the hair and make it workable. After applying gel and with hair still damp, brush back and up and into braid. There may be a single braid, double braids or French braids requested.

6.) Freestyle: Dancers are allowed to style their hair anyway they wish. However, the style should be clean and polished looking. Remember to keep hair out of eyes and off the face.

7.) Team Style: Start with damp hair that had been worked through with gel. Take the "bang" section of hair and secure over left eye with two bobby pins. Take the remaining hair and secure in a ponytail in the middle of the head. Clip jewelry in over the bobby pins.

Any questions regarding the method or style of hair required for your piece, please ask your instructor. The main points to remember:

- a) Hair off face - a must
- b) No loose strands of hair around face or in front of ears
- c) Work with damp hair, gel, and hairspray
- d) Use the same color elastics and bobby pins as your hair
- e) Have Fun!!!